



**Sudbury Mine Mill & Smelter Worker's Union**  
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## **BRINKS CANADA (Sudbury) NEWSLETTER**

*January 2016*

Dear Fellow Members,

As we begin a New Year, I look forward to seeing continued improvement in all areas. Continue to bring any of your concerns forward so we can address them in a timely manner.

Our everyday working environment can be challenging and stressful on the best of days, so let's not add to that by bringing a negative attitude to the workplace. Try to be positive and if you can't, then be quiet. There is no need to bring everybody else down with you. It is in everyone's best interest to be positive, not only for a good workplace, but also for your own health over all. There's nothing worse than coming to work and feeling like you're walking on egg shells because you don't know how certain people are going to be that day. So, once again, let's be positive and this will only help everyone overall.

It is difficult to understand people's behavior at times and maybe they are going through a personal crisis. For those people, there is help. It's called EAP (Employee Assistance Program). The contact telephone number is posted in our workplace. It is confidential and at no cost to you. Try it. It can make all the difference

As always, BE SAFE!

In Solidarity,

*Gates St. Louis*

Gates St. Louis  
Unit Chair/Co-Chair



***United we stand, divided we fall***